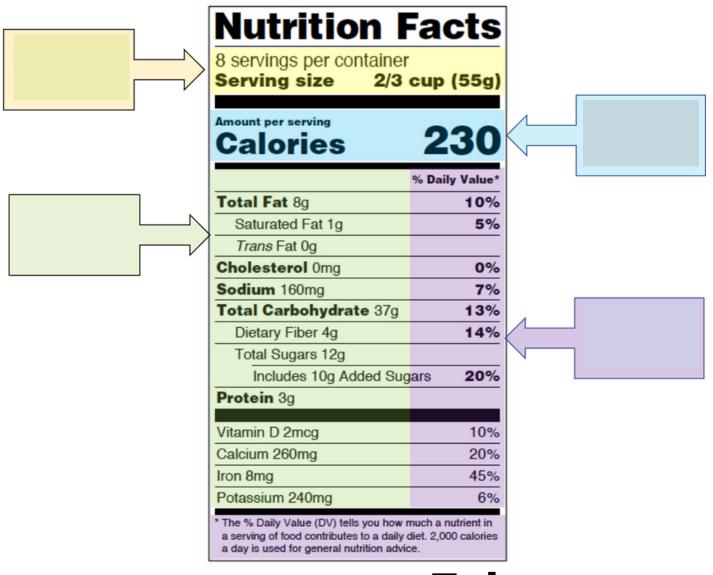


READING FOOD LABELS

Year of Wellness Worksheet



Take-aways:

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